Learn to Recognize Your Horse's Dental Problems

Horses with dental problems may show obvious signs, such as pain or irritation, or they may show no noticeable signs at all. This is because some horses simply adapt to their discomfort. For this reason, regular dental examinations, at least annually, are essential to your horse's health.

It is important to catch dental problems early. If a horse starts behaving abnormally, dental problems should be considered as a potential cause. Waiting too long may increase the difficulty of remedying certain conditions or may even make remedy impossible. According to the American Association of Equine Practitioners (AAEP), the following indicators of dental problems will help you know when to seek veterinary attention for your horse:

- 1. Loss of feed from mouth while eating, difficulty with chewing, or excessive salivation.
- 2. Loss of body condition.
- 3. Large or undigested feed particles (long stems or whole grain) in manure.
- 4. Head tilting or tossing, bit chewing, tongue lolling, fighting the bit or resisting bridling.
- 5. Poor performance, such as lugging on the bridle, failing to turn or stop, even bucking.
- 6. Foul odor from mouth or nostrils, or traces of blood from the mouth.
- 7. Nasal discharge or swelling of the face, jaw or mouth tissues.

Oral exams should be an essential part of an annual physical examination by a veterinarian. Every dental exam provides the opportunity to perform routine preventative dental maintenance. Mature horses should get a thorough dental exam at least once a year, and horses 2-5 years old should be examined twice yearly.

For more information about proper dental care, ask your equine veterinarian for "Dental Care: The Importance of Maintaining the Health of Your Horse's Mouth," a brochure provided by the AAEP in conjunction with Educational Partner Bayer Healthcare – Animal Health Division. Additional information is available on the AAEP's Web site at www.aaep.org/horseowner.

The American Association of Equine Practitioners, headquartered in Lexington, Ky., was founded in 1954 as a non-profit organization dedicated to the health and welfare of the horse. Currently, the AAEP reaches more than 5 million horse owners through its over 9,000 members worldwide and is actively involved in ethics issues, practice management, research and continuing education in the equine veterinary profession and horse industry.

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